



YOU'LL BE PLAYING AS:

**ARIZONA
GOVERNOR**

To view a black and white, printer-friendly version of this packet, click [here](#).

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WELCOME TO LIVES IN BALANCE LETTER

Scan this letter for the basic details you'll need to discuss the Bubble Plans. You can find links to the *Lives in Balance* trailer and tutorial videos here, too.

CHARACTER SHEET (ARIZONA GOVERNOR)

Read all about your character's background and goals for this scenario.

SOUTHWEST STATE COALITION MAP

Check out a map of the Southwest States Coalition. Will the pandemic unite or divide these neighbors?

CDC RE-OPENING GUIDELINES

Find out what the experts at the Centers for Disease Control and Prevention recommend that states and employers do in the face of a pandemic.

ROLE REFLECTION EXERCISE

Use these prompts to help you get into character before you play *Lives in Balance*.

BASIC TROUBLESHOOTING GUIDE FOR VIDEO CONFERENCING SOFTWARE

Look here for help if you're playing *Lives in Balance* virtually and have some trouble with your video conferencing platform.

WELCOME TO LIVES IN BALANCE

The members of the **Southwest States Coalition** are meeting today. They want to work together on their responses to the pandemic. They will look over each state's plan to "re-open" its economy.

The Coalition includes the governors from **Arizona, New Mexico, California,** and **Nevada**. Also joining is the **U.S. Deputy Secretary of Commerce**, who will share financial information to help the states decide. The **Deputy Director of the Centers for Disease Control and Prevention** will be at the meeting, too. This federal official will share the latest pandemic health information.

The Nevada and Arizona governors will be presenting their "**Bubble Plans**." These plans explain how the states will "re-open" their economies through professional sports events. Today's goal: Each Coalition member will vote to approve or deny "the Bubble Plans."

In **Arizona**, Major League Baseball (MLB) will start its season under their proposed Bubble Plan:

- Players, teams, and personnel will stay in socially distanced hotel rooms.
- All team and stadium personnel will have temperature checks each day.
- All team and stadium personnel will have weekly virus testing.
- Food will come only from the restaurant(s) at the hotels, with rapid testing of workers.
- Teams will be allowed to be face-to-face only in the hotel restaurant and lobby.
- Private shuttles will transport teams to and from the hotel and stadium.
- Shuttles will be cleaned each day before taking the teams to the stadium.
- There will be **no fans**.

In **Nevada**, the National Football League (NFL) will start its season under their proposed Bubble Plan:

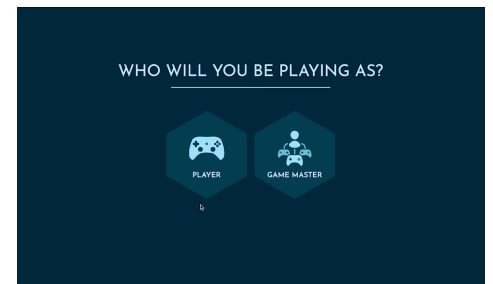
- Players, teams, and personnel will stay in socially distanced hotel rooms.
- There will be one team per hotel.
- All team and stadium personnel will have weekly virus testing.
- All team and stadium personnel will have temperature checks twice a day.
- Players and staff will be allowed to be face-to-face in private meeting rooms only.
- Private shuttles will be transport teams to and from the hotel and stadium.
- CDC-approved helmets will be provided. They feature an improved visor and a certified air filtration system.
- There will be **no fans**.

What is more important, putting people back to work or the health of the residents? Where does the federal government stand? Is it helping or hurting the states? You decide!

BEFORE PLAYING THE SIMULATION,
PLEASE WATCH THE VIDEOS
LINKED BELOW.



LIVES IN BALANCE TRAILER



ITHRIVE SIM WALKTHROUGH

ROLE DESCRIPTION

ARIZONA





CAPITAL: PHOENIX

POPULATION: 7.28 MILLION



You are the Governor of Arizona. You are the head of Arizona's executive branch. One of your jobs is to enforce state laws. You have the power to approve or reject bills passed by the Arizona State Legislature. You can also call the legislature into session. You can grant pardons to people unless they have been impeached. You command the state's military forces.


ABOUT YOU

-  You come from a political family. Your father was Arizona's governor for two terms.
-  You are up for re-election. You check the poll numbers all the time. You won the election by only a small number of votes. You know people are watching your performance. Their opinions matter for your upcoming election.
-  You would love to have a job in the federal government. You were considered for a position in the current president's cabinet.
-  If your political career does not work out, you would like to have an important job with Major League Baseball. Baseball was a huge part of your childhood growing up. Your brother was a semi-professional baseball player.

WHAT YOU DO

- Protect the residents of Arizona. Look out for the health of the retirement community and the “snowbird” community. These are higher-risk people who come to Arizona for the winter.
- In the Coalition meetings, urge the other members to let you re-open your state. Express your right to make decisions that benefit your state. Present the financial benefits of your plans. Encourage other Coalition members to re-open and not to act out of fear.
- Be active on social media. Use it to promote tourism in Arizona.

GOALS



Convince the Coalition to let you move into Phase Two of re-opening Arizona. Get approval for your Bubble Plan. This plan will have Major League Baseball play their games in the Bubble in Arizona. The plan will help protect Arizona’s economy. Convince the Coalition that your plan will be safe for the residents of Arizona and the country as a whole.

OTHER CHARACTERS

NEVADA GOVERNOR

You do not trust the **Nevada Governor**. But, you will work with them to achieve your goals.

NEW MEXICO GOVERNOR

You like the **New Mexico Governor**. But you think they are a little naïve. You are not sure they really understand the economic side of the current situation. You also think the New Mexico Governor is too easily influenced by California.

CALIFORNIA GOVERNOR

You believe the **California Governor** has only their own interests in mind. You do not think they care much about the needs and interests of Arizona or other Coalition states. You think they see Arizona as a second-class state.

DEPUTY SECRETARY OF COMMERCE

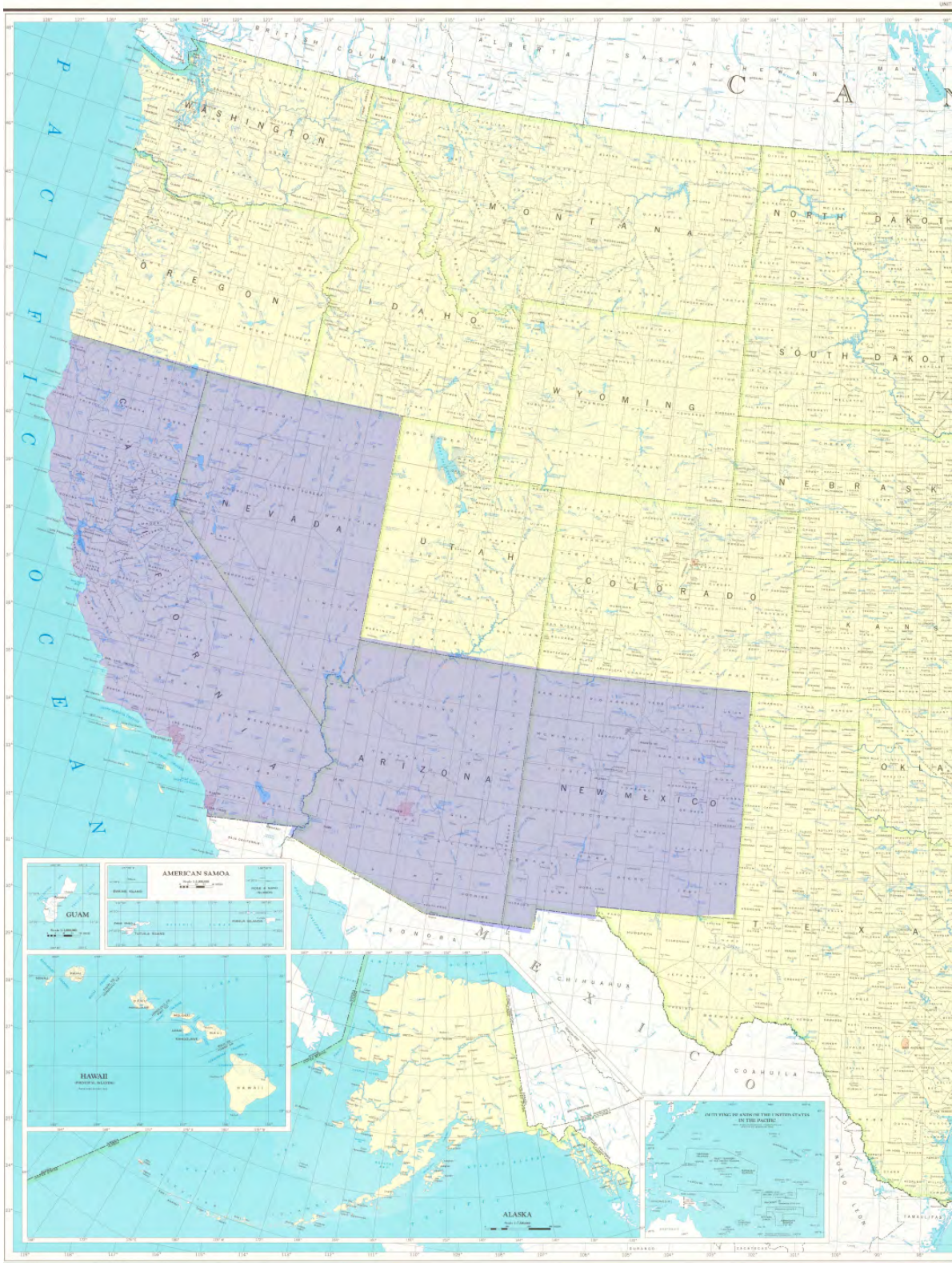
You like the **Deputy Secretary of Commerce** when they support you. You use their arguments to reach your own state’s economic goals.

PRINCIPAL DEPUTY DIRECTOR, CDC

You believe the **Principal Deputy Director of the CDC** is working against you. You think they are overly concerned with physical safety. You know that the economy matters for people’s well-being, too. You fear the Deputy Director is going to block your progress in these meetings.

SOUTHWEST STATES COALITION

This map is intended for educational purposes only.



CDC RE-OPENING GUIDELINES

ITHRIVE SIM: LIVES IN BALANCE



IF THE FOLLOWING BUSINESSES FOLLOW STRICT PHYSICAL DISTANCING AND SANITATION RULES, THEY MAY OPEN.

1 Phase One SPECIFIC TYPES OF EMPLOYERS



SCHOOLS AND ORGANIZED YOUTH ACTIVITIES (e.g., daycare, camp): **NO**



BARS: **NO**



ELECTIVE SURGERIES: **YES** as clinically appropriate, on an outpatient basis at facilities that adhere to medical guidelines



LARGE VENUES (e.g., sit-down dining, movie theaters, sporting venues, places of worship): **YES** under strict physical distancing protocols



GYMS: **YES**



VISITS TO SENIOR LIVING FACILITIES AND HOSPITALS: **NO**

2 Phase Two SPECIFIC TYPES OF EMPLOYERS

SCHOOLS AND ORGANIZED YOUTH ACTIVITIES (e.g., daycare, camp): **YES**

BARS **YES** with reduced capacity

ELECTIVE SURGERIES: **YES** on an outpatient and in-patient basis at facilities that adhere to medical guidelines

LARGE VENUES (e.g., sit-down dining, movie theaters, sporting venues, places of worship): **YES** under moderate physical distancing protocols

GYMS **YES**

VISITS TO SENIOR LIVING FACILITIES AND HOSPITALS: **NO**

EACH PHASE OF THIS GUIDANCE ADDRESSES THOSE ASPECTS OF DAILY LIFE FOR WHICH RESTRICTIONS REMAIN APPROPRIATE DUE TO THE VIRUS.

PART ONE: Read about your character, then answer the following questions:

- (1) What role will you be playing?

- (2) Based on what you know about the scenario and the role, what are you most curious about?

- (3) What is one main goal your character is trying to achieve?

- (4) Based on the description, what's one thing about your character you relate to? Explain.

- (5) Based on the description, what's one thing about your character you DON'T relate to? Explain.

PART TWO: Discuss your responses with one or more members of your role-play team. Your role-play team also may choose to warm up for the simulation by introducing yourselves in character.

Complete this exercise using the Google Docs document [here](#).

iThrive Sim: Lives in Balance is designed to be accessible to participants in any location. All you need is WiFi access and a device, such as a laptop or Chromebook.

For students learning virtually, the social interactions in ***iThrive Sim*** will require using an additional video conferencing software tool, such as Zoom, Google Meet, Microsoft Teams, etc.

ACROSS VIDEO CONFERENCING PLATFORMS, HERE'S WHAT TO DO IF:

YOU ARE USING A BROWSER FOR VIDEO CONFERENCING:

- You will need two (2) browsers open; one for the *iThrive Sim* website and one for the video conferencing site.
- Arrange the browsers side-by-side so that they are both visible. To do this, you may need to minimize both windows so that you are able to adjust the size and arrangement of both to be visible (for example, neither browser should be in full-screen mode).

NO ONE CAN HEAR YOU:

- Call into the meeting using the phone number listed on the video conferencing invitation you received.
- Mute your computer mic and use your phone to communicate.

YOU CAN'T SEE THE VIDEOS IN THE ITHRIVE SIM PLATFORM:

- Post a note in the chatbox to let the facilitator know. The facilitator can play the videos over the video conferencing software instead.

YOUR CAMERA FEATURE ISN'T WORKING:

- As long as you can hear and be heard by the other participants, you will be able to play ***iThrive Sim***.

MORE RESOURCES

Below, you'll find links to help guides for relevant questions on commonly used video conferencing platforms. If there are other platforms you need information about, search for help guides online or feel free to reach out to us at least one week prior to running your simulation at support@ithrivesim.org.

FOR ZOOM:

- [Frequently Asked Questions](#)
- [Managing Breakout Rooms](#)
- [Pre-assigning Participants to Breakout Rooms](#)

FOR GOOGLE MEET:

- [Troubleshooting Network, Audio, and Video](#)
- [Start a new Google Meet Video](#)
- [Use breakout rooms in Google Meet](#)

FOR MICROSOFT TEAMS:

- [Get Started with a Live Event](#)
- [Using Video in Teams](#)
- [Join a Teams Meeting](#)
- [Use breakout rooms in Teams meetings](#)